



GROUPS LEADER GUIDE

CHASING THE WIND – THE SEASONS OF LIFE

ECCLESIASTES 3:1-22

If needed to get a Discussion Started

How often do you step back and reflect on where you are headed? Would less or more self-reflection be good for you?

Applying the Word (these are 2 very important questions to answer each week)

1. Specifically, how are you applying the messages from this weekend to your life?
2. What from your recent personal devotions has been most meaningful to your faith?

Hearing the Message (use some of these q's or all for your time together)

1. What things in your life recently have been like chasing after the wind?
2. Read Ecclesiastes 3:1-8a. How would you explain the meaning of these verses to someone?
3. As you look at your own past, what things (fashions, foods, music, likes & dislikes, etc.) have gone out of style and then cycled back around?
4. Read Ecclesiastes 3:8b-16. Share about a season or event in your life that was so intense that it took you a few years to see how God's purpose was worked through it? Did you miss opportunities to let his purposes be seen during the event? What would you do differently?
5. Read Ecclesiastes 3:17-22. What comfort have you gained in knowing that the seasons of your life are only temporary? If you could make one last forever, which would it be?
6. How are you including God in your life these days (outside of church gatherings)? What are some ways you can include him more?

PRAYER TIME

Ask God to help you enjoy and appreciate every season in life. Ask him to help you live out His purposes more and more.