

MESSAGE OUTLINE

July 9, 2023

Series: Soul Care

Scripture: 1 Thessalonians 4:13-18

Message: Dealing with Grief

Other Verses: Psalm 13; 2 Cor 5:6-8

When the righteous cry for help, the LORD hears and delivers them out of all their troubles.

¹⁸ The LORD is near to the brokenhearted and saves the crushed in spirit.

(Psalm 34:17-18).

"Grief often includes physiological distress, separation anxiety, confusion, yearning, obsessive dwelling on the past, and apprehension about the future."

Stages of Grief (On Grief and Grieving by Elizabeth Kubler Ross & David Kessler)

1. **D**_____

2. **A**_____

3. **B**_____

4. **D**_____

5. **A**_____

6. **Finding M**_____

When We Experience Loss

1. We need to **G**_____.

2. We need to **G**_____ in **C**_____.

3. We need to **G**_____ in **C**_____ with **H**_____.

Rejoice with those who rejoice, weep with those who weep (Romans 12:15)

Future Messages:

JULY	16	Soul Care – Why is CONFESSION so important?	Psalms 32 & 51
	23	Soul Care – Why is it important to WORSHIP?	Psalms 30 & 103
	30	FOUNDATIONS SUNDAY – Science & Faith	Psalms 19:1, Romans 1:19-20

